



## George Barselaar

George Barselaar has been a student and teacher of the traditions of Vedanta and Kashmir Shaivism for over 40 years. Mr. Barselaar started his career as a Civil Engineer (1966-1972) while also training as a student of Transcendental Meditation. In 1972, George received a Diploma in Engineering at Ultimo Technical College, Sydney, Australia.

In 1974, George completed the Teacher Training Program in Transcendental Meditation (T.M.) under the direction of its founder Maharishi Mahesh Yogi. In 1975 he began teaching TM through the World Plan Executive Council, Australia. That same year George began formal training in Vedic

Science and the study of Sanskrit in 1975 at Newcastle University in Australia. In 1977 George completed his training in the TM Siddhi Program, and also became a 'Special Techniques' teacher in the TM technique. In 1978-79 he was a part of Maharishi's worldwide 108 pilot program, participating in teacher training programs throughout the Pacific Islands. Over the 8 years of his association with Maharishi Mahesh Yogi, Mr. Barselaar gave personal instruction to more than 3,500 individuals in the practice of Transcendental Meditation. In 1981 he received a BA in the Science of Creative Intelligence from Maharishi International University, Switzerland.

In 1981 Mr. Barselaar travelled to India and spent six months studying the ancient system of Ayurvedic medicine from some of India's most renowned Ayurvedic practitioners. In 1983, George was introduced to the venerable Saint and Kashmir Shaiva master, Swami Lakshmanjoo. In that same year he moved to Kashmir to study under Swami Lakshmanjoo's direction, living there permanently until the Swami's passing in 1991. During that time Mr. Barselaar became associated with John & Denise Hughes, who had already compiled a library of over 600 hours of recorded lectures on the oral teachings of Kashmir Shaivism.

In 1988 Swami Laksmanjoo granted George the responsibility of transcribing all of his recorded lectures. Mr Barselaar's expertise in this work included transliteration of the ancient Sanskrit verses of Kashmir Shaivism. This work continued for the next 20 years, after which George completed the English transcriptions of more than 700 hours of Swami Lakshmanjoo's recorded teachings.

In 1996 thru 1999, Mr. Barselaar frequently returned to Kashmir, India, specifically to learn the traditional system of ritual performance (shraddha) unique to Kashmir Shaivism. During that time he also made an in-depth study of the recitation of hymns and mantras that accompany such rituals. He took formal initiation into the Brahmin tradition, a prerequisite for the performance of such rituals. He is now considered to be proficient in both the understanding and performance of the important rituals of that tradition.

In 2000, Mr Barselaar moved to the USA and began working with John Hughes, co-editing publications of Swami Lakshmanjoo's teachings of Kashmir Shaivism. These publications include: Shiva Sutras, Vijnana Bhairava, Bhagavad Gita, Shivastotravali, Paramarthasara and others. In 2006 George attended the centenary Celebrations for Swami Lakshmanjoo in New Delhi. He presided on the Board of Advisors for the Ishwar Ashram Trust for an international seminar on Kashmir Shaivism during that time.

Furthermore, as an adjunct to his knowledge, Mr. Barselaar has been studying India's ancient system of Ayurveda Medicine since 1975. In 2014 he received a Diploma in Marma Therapy from the Mritunjaya Mission in Haridwar, India.

Presently, Mr. Barselaar lives in Berkeley California, where he works full time with the Universal Shaiva Fellowship.