



Ishwar Ashram Trust

Workshop on Kashmir Shaivism – “ Ashtanga Yoga in Kashmir Shaivism”

7th December to 10th December 2023 (Medium – Hindi/English)

This form should be sent by courier/registered post to The Course Director

c/o Ishwar Ashram Trust-R-5, Pocket D, SaritaVihar, New Delhi -110076

or scanned and e mailed to iatdelhi@gmail.com (Last date 1st Oct 2023)

Photograph

1. Name in full (In Block Letters):
2. Address of the Candidate (In Block Letters):
-Mobile E mail
- 3 Age.....4. Has applicant visited any ashram (Sringer/Delhi/Jammu /Bangalore/Mumbai)
5. Whether associated with any other organisation? (Details)
6. Any physical handicap, disability or susceptibility to any illness?
7. Academic Qualifications and Present Occupation:
8. Books on Kashmir Shaivism read by applicant.
9. Payment Details: Please find attached cheque/ Demand Draft favoring “**Ishwar Ashram Trust**” payable at New Delhi



Alternatively please use QR code for payment and attach snapshot printout/ by e mail

- 10 Any other details (specific requirement request, history of allergies, food allergies etc) :

Important Instructions: The Application Form should accompany with the following

1. A 50-word note in English covering applicant’s spiritual background, aspirations and plans for future.
2. Registration Fee (Covers Registration, Course material, Food and sharing accommodation) : (Foreign Candidates USD 150 equivalent in INR, Indian Candidates Rs 6000/- , Students Rs 3000 (Must be accompanied by supporting letter from head of institution.) For those, who do not need accommodation ,the corresponding fee shall be USD 100, Rs 4000 and Rs 2000 respectively. (Note: 20% additional discount for all life members of IAT)
3. Selected students alone are expected to bear travel expenses themselves
4. Those who opt for accommodation shall be provided twin sharing accommodation in ashram /adjacent guest house.
5. **Course is likely to comprise lectures predominantly in Hindi/English Preliminary knowledge of Sanskrit is beneficial but not mandatory.**
6. Students are required to strictly observe discipline, rules and regulations of the Institute

Date: Signature of the Candidate.....