



Ishwar Ashram Trust

(Founded by Shaivacharya Lakshman joo Maharaj)

&

Mahaavataar Babaji Meditation Centre Trust

# शिवसूत्र साधना शिविर

Immerse in the shakti of Shivasutras

**25<sup>th</sup> MAY TO 1<sup>st</sup> JUNE 2019**

The intention of this Shivasutra sadhana shivir is –

**TO RECOGNIZE THE PROCESS OF शिव-समावेश**

**AND BECOME ESTABLISHED IN IT.**

DESIGNED BY ACHARYA DR. NIHAR PUROHIT

The Shivasutra sadhana shivir is based on the foundational text entitled:

**Shivasutra with commentary 'Vimarshini' by Acharya Kshemaraja, with revelation of Swami Laxman Joo.**

The sadhana shivir would be taught by distinguished Acharyas in the tradition of Swami Laxman joo. The medium of teaching is Hindi. This shivir will offer teachings deeply rooted in the tradition, well supported by dharanas, contemplative exercises, group meditation and group discussion. Seekers would also spend time with nature. In this way they would recognize ways to imbibe these sacred teachings experientially and apply them in their day to day lives.

**Venue: Mahaavataar Babaji Meditation Centre, Palampur, Himachal Pradesh.**

To register send an email to [niharsself@gmail.com](mailto:niharsself@gmail.com) and receive the application form and other details.

Last date of submitting application is **15<sup>th</sup> march 2019**. **Seats are limited.**

**Contact details: Acharya Dr. Nihar Purohit – 9452266060**